

STATISTICS 536B, Lecture #10

March 31, 2015

Instrumental Variables?

Search well-respected medical journal (e.g. JAMA, NEJM, BMJ, Lancet):

'propensity score'

'instrumental variable'

Intuition (and 'magic calculus') of IV approach

Want effect of X on Y, adjusted for U

Can't get U data

Can get Z data, where Z:

- is associated with X
- is independent of U
- won't have any **direct** impact on outcome Y
 - $Z \perp Y|X, U$

Can (Y,X,Z) data suffice in place of (Y,X,U) data which can't be collected?

$$\frac{\partial Y}{\partial X} = \frac{\partial Y / \partial Z}{\partial X / \partial Z}$$

Example from Greenland (2000, Int. J. Epi.)

Vitamin A supplementation in childhood

Z = randomized to treatment

X = received/took treatment

Y = one-year mortality

Z	X	Y
1	0	34/2419
1	1	12/9675
0	0	74/11588
0	1	---

Vitamin A ex.: Intention-to-treat estimate

Vitamin A ex.: As-treated estimate

Vitamin A ex.: Instrumental variable estimate

Use in more purely observational studies?

Outcome Y , exposure X , observed confounders C , unobserved confounders U , instrument Z .

IV assumptions:

- X and Z are associated given C
- Z and U are conditionally independent given C
- Z and Y are conditionally independent given (X, U, C)

So the 'with C' version of the calculation you did:

Say

$$E(X|Z, C) = \alpha_0 + \alpha_1 Z + \alpha_2 C$$

$$E(Y|X, C, U) = \beta_0 + \beta_1 X + \beta_2 U + \beta_3 C$$

Hence we can estimate β_1 by fitting both the $(X|Z, C)$ and $(Y|Z, C)$ regressions.

Patients who suffer acute ischemic stroke

700 of 5000 acute-care hospitals are *certified stroke centers* (CSC)

X = treated at a CSC?

Y = 30-day mortality

C = demographics, comorbidities, hospital characteristics

U = unmeasured aspects of stroke severity

Z = **differential** distance

$$Z = \text{dist}(\text{patient's home}, \text{nearest CSC hospital}) - \text{dist}(\text{patient's home}, \text{nearest hospital})$$

Found a benefit of CSC
(estimated risk difference 0.025, statistically significant).

Also looked at effect of CSC on 30-day mortality for:

- patients who suffer acute myocardial infarction
- patients who suffer gastrointestinal hemorrhage